

TENSIONS AND TRANSFORMATIONS

GROUP LEADER GUIDE: WEEK FIVE

THE VALUE OF HUMAN SEXUALITY

A FOLLOWER OF JESUS SHOWS RESPECT AND VALUE FOR HUMAN SEXUALITY.

God's original design

What do these verses teach us about human sexuality and God's original design?

Genesis 1:27-28

Genesis 2:22-24

Genesis 3:20, 4:1

How is life itself dependent on our view of our sexuality?

Why is it important to show respect for human sexuality, and why should we not treat people as objects of gratification?

How were you raised to view your sexuality?

Leaders note: Because of Jesus' teaching on human sexuality, we all have committed adultery in our hearts through lust and what we have done or seen. Remember, the goal is to understand God's heart on this and why He values it. This subject can bring up subjects of divorce, sexual identity, wayward children, pornography, etc... Stay focused on God's heart revealed here first; later you will discuss bringing wholeness to this area of your life and those areas it has affected.

Understanding lust and adultery

Lust

Soul - the person's total self, including their wholeness and that which lives on after death.

Read Matthew 5:28-30

How do lustful thoughts damage the soul?

KEY VERSES

Matthew 5:27-32

You have heard that it was said, 'You shall not commit adultery.' But I tell you that anyone who looks at a woman lustfully has already committed adultery with her in his heart. If your right eye causes you to stumble, gouge it out and throw it away. It is better for you to lose one part of your body than for your whole body to be thrown into hell. And if your right hand causes you to stumble, cut it off and throw it away. It is better for you to lose one part of your body than for your whole body to go into hell. It has been said, 'Anyone who divorces his wife must give her a certificate of divorce.' But I tell you that anyone who divorces his wife, except for sexual immorality, makes her the victim of adultery, and anyone who marries a divorced woman commits adultery.



Adultery

Adultery occurs when a married individual has a sexual relationship with someone other than their spouse.

How does this destroy a relationship?

How does adultery devalue and show disrespect to our human sexuality?

How does our culture view adultery and human sexuality in relationships?

Bringing wholeness to your soul

How does our sexuality affect our identity in both a positive and negative way?

Based on what you have learned, what is God's view of our sexuality?

Read Matthew 5:8

Blessed are the pure in heart for they will see God.

Good News

In our sexual brokenness, there is a need for wholeness; our soul longs for it.

How do we attain wholeness knowing now that we have fallen into this with our lives?

Read Romans 8:1-4.

Leaders note: With so many sexual problems within our culture, it is hard to know what your group will need most. Focus on those areas that most affect your group and pray over them seeking wholeness for those in your group and those they have influence on in their lives.

Goal:

Wholeness and rest through Jesus Christ for every soul in your group

Return to your rest, my soul, for the Lord has been good to you.

Psalm 116:7

Bonus reading if time allows:

Read Malachi 2:13-16

CLOSING PRAYER

Pray for the restoration of broken souls caused by the sins we have had in our lives or the sins done against us. Pray for those in your group who struggle with their sexual identity being in Christ. Thank God for His forgiveness and Spirit who brings wholeness to your soul. Pray for the restoration of your soul and the souls of those in your group that you might have a pure heart in this area, and see God.