

TENSIONS AND TRANSFORMATIONS

GROUP LEADER GUIDE: WEEK SIX

THE MIND

LOVE THE LORD YOUR GOD WITH ALL YOUR MIND!

Knowing your mind

Read Romans 12:1-3.

Why is it important for the mind to love God?

Know yourself to lead yourself.

Read Colossians 2:2-5.

How important is knowledge and understanding to God?

How is life itself dependent on our view of Jesus?

Is self awareness important to following Jesus?

And why is the mind important in this process?

Read Galatians 5:22 and Romans 8:6.

How does the mind governed by the Spirit bring life and peace?

Leaders note: The eyes are the key to our perception and view of reality. Much like the mouth reveals what is in the heart, the eyes and how you see things reveals the nature of your mind. Encourage your group to have the mind of Christ and begin disciplining the mind with the thoughts we are taught to have in Philippians 4:8.

Knowing Yourself

How well do you know yourself and how others see you?

On a scale of 1 to 10, (1 being I don't know myself to 10 being I fully understand myself including strengths, weakness, how I am under stress, etc.) rate how well you know yourself.

KEY VERSES

Philippians 4:8

Finally, brothers and sisters, whatever is **TRUE**, whatever is **NOBLE**, whatever is **RIGHT**, whatever is **PURE**, whatever is **LOVELY**, whatever is **ADMIRABLE**— if anything is **EXCELLENT** or **PRAISEWORTHY**— think about such things.

Leading Yourself

Read Matthew 5:33-37.

Based on this weeks sermon, why is integrity important and how does it involve the mind?

Think on these things

Read Philippians 4:8.

Compared what you typically think about to this list, how would you assess your thought life?

If this was the way you thought, how do you think it would change the way you think and see things in life?

Pick the item or items that you would like to work on out of the list and pray for one another about them.

Leaders note: Pray for the integrity of mind that is needed for believers.

CLOSING PRAYER

We pray that God who gives endurance and encouragement will give us the same attitude of mind toward each other that Christ Jesus had, so that with one mind and one voice we may glorify the God and Father of our Lord Jesus Christ.

May we accept one another, then, just as Christ accepted us, in order to bring praise to God.

I pray for

that they will fill their
minds with

(insert what they need
prayer for from what they
should think on out of
Philippians 4:8)
and have the mind of
Christ.

Amen

(Adapted from
Romans 15:5-7).